



Kinkawooka Shellfish

Kinkawooka Shellfish Cooked In The Bag 650g Mussels

Australian Blue Mussels (*Mytilus Galloprovincialis*)

500G BAG SPECIFICATIONS

- 10 x 650g per cardboard carton
- 950 cartons per FCL 20' seafreight container

SHELF LIFE

- 12 months from processing
- Store chilled between 0°C and 4°C

SIZE SPECIFICATIONS

- June – October: 40-55 pcs per kg, MCI 38-45%
 - November – February – 35-45 pcs per kg, MCI 35-40%
 - March – May – 30-40 pcs per kg, MCI 35-40%
- *MCI = Meat to Shell ratio

Disclaimer

Allergen statement: Contains shellfish.



PROVENANCE

Grown in Port Lincoln, South Australia.



NUTRITIONAL INFORMATION

Serving Size 150g	Per 100g
Energy	438 kJ
Protein	16.0 g
Fat	
- total	2.3 g
- saturated	0.6 g
- trans	<0.1
- polyunsaturated	1.2 g
- monounsaturated	0.3
Carbohydrate	5 g
- sugars	<1 g
Fibre	0 g
Sodium	353 mg
Iron	3.0 mg
Iodine	270 µg
Selenium	96 µg
Omega 3 fatty acids	
-total	1150 mg (49%)

INGREDIENTS

Australian Whole Blue Mussels 100%.



CONTACT